

kanterMONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Finish the Phrase 12:00 Lunch 12:30 Balloon Toss 1:00 GUITAR WITH DEBBY 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	4 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Name 10 If We Can 12:00 Lunch 12:30 Conversation Cards 1:00 Sing Along 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	5 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 Basketball 1:00 Call Out the Answer 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	6 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Spelling Quiz 12:00 Lunch 12:30 Bean Bag / Ring Toss 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	7 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 SUNY OT PROGRAM 12:00 Lunch 12:30 Rhyme Time 1:00 Watercolors 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox
10 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 What's That Symbol? 12:00 Lunch 12:30 Simon Says 1:00 GUITAR WITH DEBBY 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	11 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Music and Movement 12:00 Lunch 12:30 Table Games and Puzzles 1:00 Arts & Crafts: Coloring 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	12 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 What Would You Do? 1:00 Ring Toss / Bean Bag 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	13 <i>Purim</i> 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Poetry Appreciation 12:00 Lunch 12:30 Charades 1:00 Bingo / Dominoes 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	14 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Arts & Crafts / Beads 12:00 Lunch 12:30 Word Puzzles 1:00 A to Z Trivia 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox
17 <i>St. Patrick's Day</i> 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 PERCUSSION WITH DAVID 12:00 Lunch 12:30 Jokes That Keep Coming 1:00 Hangman 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	18 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Conversation Cards 12:00 Lunch 12:30 Board Games 1:00 Sing Along 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	19 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 Balloon Toss 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	20 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Trivia – Common Bonds 12:00 Lunch 12:30 Price is Right 1:00 Animal Bingo 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	21 <i>First Day of Spring</i> 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 SUNY OT PROGRAM 12:00 Lunch 12:30 20 Questions 1:00 Arts & Crafts: Beading 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox
24 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 What's That Symbol? 12:00 Lunch 12:30 Mad Libs 1:00 GUITAR WITH DEBBY 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	25 9:30 Coffee and Conversation 10:30 PERCUSSION WITH DAVID 11:00 Famous Places 12:00 Lunch 12:30 Conversation Cards 1:00 Simon Says 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	26 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 Riddles 1:00 Arts & Crafts: Painting 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	27 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Reminiscing 12:00 Lunch 12:30 Table Games 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox	28 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 SUNY OT PROGRAM 12:00 Lunch 12:30 Animal Bingo 1:00 Name That Tune 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox
31 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 State Trivia 12:00 Lunch 12:30 Board Puzzles 1:00 FOLK ART MUSEUM 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox			COMMUNITY ACTIVITIES - New York Memory Center will support you in planning to attend community activities you may enjoy. Please ask us and see our monthly newsletter and postings in the Center. PREFER ANOTHER ACTIVITY? - You may choose your own activities at any time.	PEER SUPPORT - Mondays, Wednesdays, and Thursdays SPANISH LANGUAGE PROGRAM - Mondays, Wednesdays, and Fridays PROGRAMS MARKED WITH AN ASTERISK (*) are also offered via Zoom! Please reach out if you would like the link!

