

NEW YORK MEMORY CENTER ACTIVITIES CALENDAR AUGUST 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11:15 Percussion with David 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	2. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 – 11 Trivia 11:15 - 12 Lunch 12:00-12:30 August events 12:30-1:00 Poetry reading 1-2 Time slips 2-2:30 Spanish Language Program	3. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Staff karaoke 1-2 Fill in the blanks 2-2:30 Peer Support	4. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11 - 12 Lunch 12:00-12:30 Guitar w/Debby 1:15 -2:15 Fill in the blanks 2:15– 2:30 Spanish Language Program Peer Support
7. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-11 Trivia 11-11:45 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support	8. Snack 9:30-10:15 Hello it's me 10:15- 10:30 Chair exercise 10:45-11:15 Percussion 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	9. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Group chat 12:30 - 1 Fill in the blanks Spanish Language Program	10. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Accordion with Ismail 1-2 Fill in the blanks 2-2:30 Peer Support	11. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11-12 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Fill in the blanks 2 – 2:30 Spanish Language Program Peer Support
14. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-11 Trivia 11-11:45 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support	15. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11:15 Percussion 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	16. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Group chat 12:30 - 1 Fill in the blanks 2-2:30 Spanish Language Program	17. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Accordion with Ismail 1-2 Fill in the blanks 2-2:30 Peer Support	18. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-10:45 Lunch 12:00-12:30 Poetry 12:30 – 1 Group chat Spanish Language Program Peer Support
21. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-11 Trivia 11-11:45 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support	22. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11:15 Percussion with David 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	23. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Group chat 12:30 - 1 Fill in the blanks 2-2:30 Spanish Language Program	24. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Staff karaoke 1-2 Fill in the blanks 2-2:30 Peer Support	25. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11-12 Lunch 12:00-12:30 Guitar w/Debby 1:15 -2:15 Fill in the blanks 2 – 2:30 Spanish Language Program Peer Support
28. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-11 Trivia 11-11:45 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support	29. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11:15 Percussion 11:15 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	30. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Group chat 12:30 - 1 Fill in the blanks 2-2:30 Spanish Language Program	31. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Staff karaoke 1-2 Fill in the blanks 2-2:30 Peer Support	All activities with consultants are offered on Zoom and in person and are free for everyone to join in. Please call the office to be added to the list and reserve your spot