


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 <i>Groundhog Day (2nd)</i></p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Finish the phrase 12:00 Lunch 12:30 Balloon Toss 1:00 Trivia 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>4</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Creative Storytelling 12:00 Lunch 12:30 Conversation Cards 1:00 Sing Along 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>5</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 Basketball 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>6</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Spelling Quiz 12:00 Lunch 12:30 Bean Bag / Ring Toss 1:00 You be the judge 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>7</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Fill in the Blank 12:00 Lunch 12:30 Rhyme Time 1:00 GUITAR WITH DEBBY 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>
<p>10</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 What's That Symbol? 12:00 Lunch 12:30 Simon Says 1:00 Name 10 If We Can 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>11</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Music and movement 12:00 Lunch 12:30 Table Games and Puzzle 1:00 Arts & Crafts / Coloring 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>12</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 What Would You Do? 1:00 Ring Toss / Bean Bag 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>13</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Poetry Appreciation 12:00 Lunch 12:30 State Trivia 1:00 Bingo / Dominos 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>14 <i>Valentine's Day</i></p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Arts & Crafts / Cards 12:00 Lunch 12:30 Word Puzzles 1:00 GUITAR WITH DEBBY 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>
<p>17</p> <p>CENTER CLOSED</p> 	<p>18</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Conversation Cards 12:00 Lunch 12:30 Board Games 1:00 Sing Along 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>19</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 Balloon Toss 1:00 Would You Rather 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>20</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Trivia – Common Bonds 12:00 Lunch 12:30 Price is Right 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>21</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Poetry Apperception 12:00 Lunch 12:30 Arts & Craft / Beading 1:00 Spelling Quiz 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>
<p>24</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 State Trivia 12:00 Lunch 12:30 Mad Libs 1:00 GUITAR WITH DEBBY 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>25</p> <p>9:30 Coffee and Conversation 10:30 PERCUSSION WITH DAVID 11:00 Famous places 12:00 Lunch 12:30 Conversation Cards 1:00 Simon Says 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>26</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 10:45 STORIES IN THE MOMENT WITH MAGDA 12:00 Lunch 12:30 Riddles 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>27</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Reminiscing 12:00 Lunch 12:30 Table Games 1:00 Staff Karaoke 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>	<p>28</p> <p>9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Word Grid 12:00 Lunch 12:30 Animal Bingo 1:00 Name That Tune 2:00 Gentle Stretching 2:30 Afternoon Snack and Jukebox</p>
			<p>COMMUNITY ACTIVITIES - New York Memory Center will support you in planning to attend community activities you may enjoy. Please ask us and see our monthly newsletter and postings in the Center.</p> <p>PREFER ANOTHER ACTIVITY? - You may choose your own activities at any time.</p>	<p>PEER SUPPORT - Mondays, Wednesdays, and Thursdays</p> <p>SPANISH LANGUAGE PROGRAM - Mondays, Wednesdays, and Fridays</p> <p>PROGRAMS MARKED WITH AN ASTERISK (*) are also offered via Zoom! Please reach out if you would like the link!</p>

february