

NEW YORK MEMORY CENTER ACTIVITIES CALENDAR September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All activities with consultants are offered on video and in person. They are free for everyone to join in. Please call the office to be added to the list and reserve your spot</p>				<p>1. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11 – 11:30 Lunch 12:00-12:30 Guitar w/Debby 1:15 -2:15 Fill in the blanks 2:15– 2:30 Spanish Language Program Peer Support</p>
<p>4.</p> 	<p>5. Snack 9:30-10:15 Hello it's me 10:15- 10:30 Chair exercise 10:45-11:15 Percussion with David 11- 11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>6. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Sing-a-long 12:30 -1:30 Fill in the blanks 1:30 – 2:15 Spanish Language Program</p>	<p>7. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Accordion with Ismail 1-2 Fill in the blanks 2-2:30 Peer Support</p>	<p>8. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11-12 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Fill in the blanks 2 – 2:30 Spanish Language Program Peer Support</p>
<p>11. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-10:45 The Jewish Museum 10:45 – 11:45am Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support</p>	<p>12. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11:15 Percussion 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>13. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Group chat 12:30 - 1 Fill in the blanks 2-2:30 Spanish Language Program</p>	<p>14. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Roll the dice 12:30-1 Sing-a-long 1 - 2 Fill in the blanks 2-2:30 Peer Support</p>	<p>15. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-10:45 Lunch 12:00-12:30 Poetry 12:30 – 1 Group chat Spanish Language Program Peer Support</p>
<p>18. . Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-10:45 The Jewish Museum 10:45 – 11:45am Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support</p>	<p>19. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11:15 Percussion 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>20. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 – 10:45 Make Space 10:45 – 11:45 Lunch 12:00-12:30 Sing-a-long 12:30 – 1:15 Fill in the blanks 1:15 Spanish Language Program</p>	<p>21. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Accordion with Ismail 1-2 Fill in the blanks 2-2:30 Peer Support</p>	<p>22. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11-12 Lunch 12:00-12:30 Guitar w/Debby 1:15 -2:15 Fill in the blanks 2 – 2:30 Spanish Language Program Peer Support</p>
<p>25. . Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-11 Trivia 11-11:45 Lunch 12:00-12:30 Staff karaoke 12:30 – 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support Happy Yom Kippur! Happy Autumn!</p>	<p>26. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:45-11 Percussion with David 11 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>27. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 –11 Trivia 11:15 - 12 Lunch 12:00-12:30 Sing-a-long 12:30 – 1:15 Fill in the blanks 2-2:30 Spanish Language Program</p>	<p>28. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Make space 10:45-11:45 Lunch 12-12:30 Roll the dice 12:30-1 Staff karaoke 1-2 Fill in the blanks 2-2:30 Peer Support</p>	<p>29. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11 Poetry 11-12 Lunch 12:00-12:30 Fill in the blanks 12:30 – 1:30 Sing-a-long 1:30 – 2:30 Spanish Language program Peer Support</p>