

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>COMMUNITY ACTIVITIES - New York Memory Center will support you in planning to attend community activities you may enjoy. Please ask us and see our postings in the Center and in our newsletter.</p> <p>PREFER ANOTHER ACTIVITY? - You may choose your own individualized activities any time!</p>	<p>EARLY-STAGE LOTUS CLUB Programs marked by "LC" <i>Made possible by grant support from the Fan Fox and Leslie R. Samuels Foundation</i></p> 	<p>1 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Reminiscing 12:00 Lunch 12:30 Fill in the Blank 1:00 Sing Along Songbooks - American Folk Favorites 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>2 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Name 10 If We Can 12:00 Lunch 12:30 MAD LIBS WITH AUDREY 1:00 Art Activity - America at 250 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>3 CENTER CLOSED INDEPENDENCE DAY</p> 
<p>6 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 RAISING OUR VOICES PROJECT W/ MAGDA (LC) 12:00 Lunch - PIANO MUSIC 12:30 Opposites 1:00 GUITAR WITH DEBBY 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>7 9:30 Coffee and Conversation 10:00 Stretch and Move Exercise 11:00 Conversation Cards 12:00 Lunch 12:30 Ball Toss 1:00 Name That Tune 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>8 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Word Grid 12:00 Lunch 12:30 Card Bingo / Uno 1:00 HORTICULTURE (LC) 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>9 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Creative Storytelling / Time Slips (LC) 12:00 Lunch 12:30 Music and Movement 1:00 Table Games and Puzzles 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>10 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 RAISING OUR VOICES PROJECT W/ MAGDA (LC) 12:00 Lunch 12:30 Anagrams 1:00 Bowling 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>
<p>13 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 RAISING OUR VOICES PROJECT W/ MAGDA (LC) 12:00 Lunch - PIANO MUSIC 12:30 20 Questions 1:00 Staff Karaoke 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>14 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Famous Symbols 12:00 Lunch 12:30 Parachute 1:00 Art Activity - Mixed Media 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>15 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Name 10 If We Can 12:00 Lunch 12:30 Basketball 1:00 FOLK ART REFLECTIONS WITH ELIZABETH (LC) 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>16 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Trivia 12:00 Lunch 12:30 Would You Rather? 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>17 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Famous Faces 12:00 Lunch 12:30 You Be the Judge 1:00 GUITAR WITH DEBBY 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>
<p>20 9:30 Coffee and Conversation 10:30 PERCUSSION WITH DAVID 11:00 Stretch and Move Exercise 12:00 Lunch - PIANO MUSIC 12:30 Poetry Appreciation (LC) 1:00 Balloon Volleyball 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>21 9:30 Coffee and Conversation 10:00 Stretch and Move Exercise 11:00 Common Bonds Trivia 12:00 Lunch 12:30 What Would You Do? 1:00 Table Games and Puzzles 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>22 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Creative Storytelling / Time Slips (LC) 12:00 Lunch 12:30 A to Z 1:00 HORTICULTURE (LC) 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>23 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Conversation Cards 12:00 Lunch 12:30 Finish the Phrase 1:00 ART CONVERSATIONS (LC) 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>24 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 ART WORKSHOP WITH THE JEWISH MUSEUM (LC) 12:00 Lunch 12:30 Ring Toss 1:00 Staff Karaoke 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>
<p>27 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 RAISING OUR VOICES PROJECT W/ MAGDA (LC) 12:00 Lunch - PIANO MUSIC 12:30 Rhyme Time 1:00 BINGO 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>28 9:30 Coffee and Conversation 10:30 PERCUSSION WITH DAVID 11:30 Stretch and Move Exercise 12:00 Lunch 12:30 Never Have I Ever 1:00 Art Activity - Painting 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>29 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Famous Symbols 12:00 Lunch 12:30 Charades 1:00 ACCORDION WITH ISMAIL 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>30 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 Famous Faces 12:00 Lunch 12:30 Bean Bag Toss 1:00 Family Feud 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>	<p>31 9:30 Coffee and Conversation 10:30 Stretch and Move Exercise 11:00 JEOPARDY WITH AUDREY 12:00 Lunch 12:30 Famous Places 1:00 RAISING OUR VOICES PROJECT W/ MAGDA (LC) 2:00 Gentle Leg Stretches 2:30 Afternoon Snack and Jukebox</p>

