



199 14th Street • Brooklyn, NY 11215
718-499-7701 • nymemorycenter.org



Fall 2023 PROGRAM CALENDAR NEWSLETTER

Dear Friends:

We hope you had a great summer and were able to beat the heat and maybe get away for a little while. Fall is around the corner so we must remain diligent in taking care of our loved ones and ourselves. Remember if your loved one is sick please keep them at home so we can keep everyone safe. We continue to remain diligent in our safety protocols, cleaning and sanitizing the Center and some still wearing masks.

In person programming is in full swing at the Center and we offer a link for those who cannot make it to join us in with the artists. If you would like to join us virtually please feel free to call the office, we would love you to be a part of us. Being together and socializing is an important part of every person's life and brings joy to those who are otherwise isolated.

**New York Memory Center will be closed on
September 4, 2023 for Labor Day**



A friendly reminder to all caregivers, the weather will be changing soon so please send with your loved one a sweater and a change of clothing to keep at the center to assist with ADL needs. Please put their initials on the inside label also please no jewelry or cell phones. If you have any questions, please call Susan @ 718-499-7701 ext. 313 or by email @ sramos@nymemorycenter.org.

You can go to the following website to donate Networkforgood.com or call the office directly and we can take the information over the phone. Please help us to continue raising funds and spread the word. Your donations go a long way to help those who attend.

Please visit our website at www.nymemorycenter.org for more information about the Center and our activities schedule

Visit our Facebook page for great information @nymcbrooklyn or search New York Memory Center; via twitter @nymemorycenter, our YouTube page is NewYorkMemoryCenter.



Caregiver Wellness Programs

Memory Arts Café

September / October / November



Family Resource Center @ NYMC Caregiver Wellness Program

September 2023

Monday September 4th Labor Day (Closed)

**Friday September 15 First day of Hispanic
Heritage Month**

Monday September 25th Rosh Hashanah

October 2023

**Monday October 9th Columbus Day /
Indigenous People's Day (Closed)**

Tuesday October 31st Halloween

November 2023

Sunday November 5th daylight savings time

Tuesday November 7th Election Day

Friday November 10th Veterans Day

**Thursday November 23rd Thanksgiving Day
(Closed)**

**Friday November 24th day after Thanksgiving
(Closed)**

NYMC & PSS Circle of Care will be collaborating to bring a hybrid joint enrichment program to all caregivers and anyone who wishes to attend. The program will be every 4th Thursday of the month. For the registration link please check our website www.nymemorycenter.org

For the caregiver Wellness and Educational meetings, Support Groups and Memory Arts Café please visit our website below, for all updates or you can call our office @718-499-7701 or via email at sramos@nymemorycenter.org

To all our caregiver who would like their love ones to join any of our virtual activities to please call the office 718-499-7701 for additional information.

ARTISTS IN RESIDENCE *Programming*

David Azarch *Percussionist*

Ismail Butera *Musician*

Deborah Karpel *Guitar Musician*

Staff *Dance and Movement Therapy*

Staff *Multi Media Art Works*



LOTUS CLUB & MEMORY LIFE SERVICES

NEW YORK MEMORY CENTER ACTIVITIES CALENDAR September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		All activities with consultants are offered on video and in person. They are free for everyone to join in. Please call the office to be added to the list and reserve your spot		1. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11:30 Poetry 11 - 11:30 Lunch 12:00-12:30 Guitar w/Debby 1:15 - 2:15 Fill in the blanks 2:15-2:30 Spanish Language Program Peer Support
4. 	5. Snack 9:30-10:15 Hello it's me 10:15-10:30 Chair exercise 10:45-11:15 Percussion with David 11-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	6. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:15 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Sing-a-long 12:30 -1:30 Fill in the blanks 1:30 - 2:15 Spanish Language Program	7. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12:00 Lunch 12-12:30 Roll the dice 12:30-1 Accordion with Ismail 1-2 Fill in the blanks 2-2:30 Peer Support	8. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11:30 Poetry 11-12:00 Lunch 12:00-12:30 Staff karaoke 12:30 - 1:30 Fill in the blanks 2 - 2:30 Spanish Language Program Peer Support
11. Snack 9:30-10:15 Hello it's me 10:15 - 10:30 Chair exercise 10:30-10:45 The Jewish Museum 10:45 - 11:45am Lunch 12:00-12:30 Staff karaoke 12:30 - 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support	12. Snack 9:30-10:15 Hello it's me 10:15 - 10:30 Chair exercise 10:45-11:15 Percussion 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	13. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:15 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Group chat 12:30 - 1:00 Fill in the blanks 2-2:30 Spanish Language Program	14. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12:00 Lunch 12-12:30 Roll the dice 12:30-1 Sing-a-long 1 - 2:00 Fill in the blanks 2-2:30 Peer Support	15. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-10:45 Lunch 12:00-12:30 Ismail - 1:00 Group chat 1:00-1:30 Spanish Language Program Peer Support
18. . Snack 9:30-10:15 Hello it's me 10:15 - 10:30 Chair exercise 10:30-10:45 The Jewish Museum 10:45 - 11:45am Lunch 12:00-12:30 Staff karaoke 12:30 - 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support	19. Snack 9:30-10:15 Hello it's me 10:15 - 10:30 Chair exercise 10:45-11:15 Percussion 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	20. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 - 10:45 Make Space 10:45 - 11:45 Lunch 12:00-12:30 Sing-a-long 12:30 - 1:15 Fill in the blanks 1:15 Spanish Language Program	21. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12:00 Lunch 12-12:30 Accordion with Ismail 1-2 Fill in the blanks 2-2:30 Peer Support	22. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11:30 Poetry 11-12:00 Lunch 12:00-12:30 Guitar w/Debby 1:15 - 2:15 Fill in the blanks 2 - 2:30 Spanish Language Program Peer Support
25. Snack 9:30-10:15 Hello it's me 10:15 - 10:30 Chair exercise 10:30-11:15 Trivia 11-11:45 Lunch 12:00-12:30 Staff karaoke 12:30 - 1:30 Game Day 1:30-2:45 Spanish Language Program Peer Support Happy Yom Kippur! Happy Autumn!	26. Snack 9:30-10:15 Hello it's me 10:15 - 10:30 Chair exercise 10:45-11:15 Percussion with David 11:00-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support	27. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:15 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Sing-a-long 12:30 - 1:15 Fill in the blanks 2-2:30 Spanish Language Program	28. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Make space 10:45-11:45 Lunch 12-12:30 Roll the dice 12:30-1 Staff karaoke 1-2:00 Fill in the blanks 2-2:30 Peer Support	29. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11:30 Poetry 11-12:00 Lunch 12:00-12:30 Fill in the blanks 12:30 - 1:30 Sing-a-long 1:30 - 2:30 Spanish Language program Peer Support



NY MEMORY CENTER HAPPENINGS

Birthdays, Poetry, Photos, Special Occasions

HAPPY BIRTHDAY

to the following members:



Sergio V. September 9th

Marcia C. 14th

Doris H. September 15th

Sending virtual hugs to all the folks we don't get to see in person

