

NEW YORK MEMORY CENTER ACTIVITIES CALENDAR NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30-10:45 Trivia 11 - 12 Lunch 12:00-12:30 Fill in the blanks 12:30 -1 Accordion with Ismail 1-2 Sing along 2-2:45 Spanish Language Program</p>	<p>2. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Crossword 12:45-1:45 Fill in the blanks 1:45-2:40 Peer Support</p>	<p>3. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11:00 Guitar with Debby 10:45-11:45 Lunch 12:00-12:30 Fill in the blanks 12:30 Sing along 1:30 – 2:30 Spanish Language Program Peer Support</p>
<p>6. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-10:45 Trivia 11 - 12 Lunch 12:00-12:30 Crossword 12:30-1:30 Staff karaoke 1:30 -2:45 Spanish Language Program Peer Support</p>	<p>7. Snack 9:30-10:15 Hello it's me 10:15- 10:30 Chair exercise 1030-10:45 Percussion with David Lunch 12:00-12:30 Roll the dice 12:40-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>8. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:00 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Bingo 12:45 -2pm Group chat 2-2:45 Spanish Language Program</p>	<p>9. Snack 9:30-10:15 Chair Exercise 10:15–0:45 Make space 10:45-11:45 Lunch 12:00-12:30 Sing-a-long 12:30 – 1:30 Fill in the blanks 1:30-2:30 Spanish Language Program</p>	<p>10 CENTER CLOSED</p> 
<p>13. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-10:45 Trivia 11 - 12 Lunch 12:00-12:30 Crossword 12:30 – 1:30 Staff karaoke 1:30 – 2:45 Spanish Language Program Peer Support</p>	<p>14. Snack 9:30-10:15 Hello it's me 10:15- 10:30 Chair exercise 10:30-11:15 Name that tune 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>15. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:00 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Accordion with Ismail 1-2 Fill in the blanks 2:15-2:45 Spanish Language Program</p>	<p>16. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 – 10:45 Make Space 10:45 – 11:45 Lunch 12:00-12:30 Sing-a-long 12:30 – 1:30 Fill in the blanks 1:30-2:15 Spanish Language Program</p>	<p>17. Snack 9:30-10:15 Hello It's Me 10:15-10:30 Chair Exercise 10:30-11:00 Poetry 11 – 11:30 Lunch 12:00-12:30 Fill in the blanks 1230 Orpheus Chamber 1-2 Spanish Language Program Peer Support</p>
<p>20. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-10:45 Trivia 11-12 Lunch 12:00-12:30 Crossword 12:30 – 1:30 Staff karaoke 1:30 – 2:45 Spanish Language Program Peer Support</p>	<p>21. Snack 9:30-10:15 Hello it's me 10:15- 10:30 Chair exercise 10:30-11:15 Name that tune 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>22. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:00 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Bingo 12:45 -2pm Group chat 2-2:45 Spanish Language Program</p>	<p>23. Center CLOSED</p> 	<p>24</p> <p style="text-align: center;">CLOSED for Thanksgiving Holiday</p>
<p>27. Snack 9:30-10:15 Hello it's me 10:15 – 10:30 Chair exercise 10:30-10:45 Trivia 11-12 Lunch 12:00-12:30 Crossword 12:30 – 1:30 Staff karaoke 1:30 – 2:45 Spanish Language Program Peer Support</p>	<p>28. Snack 9:30-10:15 Hello it's me 10:15- 10:30 Chair exercise 10:30-11:15 Name that tune 11:15-11:45 Lunch 12:00-12:30 Roll the dice 12:30-1:00 Arts & Crafts and games 1 - 2:30 Peer Support</p>	<p>29. Snack 9:30-10:15 Hello It's me 10:15-10:30 Chair Exercise 10:30 -11:00 Trivia 11:15 - 12:00 Lunch 12:00-12:30 Bingo 12:45 -2pm Group chat 2-2:45 Spanish Language Program</p>	<p>30. Snack 9:30-10:15 Hello It's Me 10:15-10:45 Chair Exercise 10:45-11:00 Trivia 11 - 12 Lunch 12-12:30 Crossword 12:45-1:45 Fill in the blanks 2-2:30 Peer Support</p>	<p style="text-align: center;">All activities with consultants are offered virtually and are free for everyone. Please call the office at 718-499-7701 to be added to the list!</p>